



**Training Opportunities for Families and Professionals presented by
The Division of Developmental & Behavioral Pediatrics**

Please Note:

- ✓ Most classes are held on the 5th floor of the Medical Office Building @ 3430 Burnet Ave. Cincinnati, OH
- ✓ Snacks and water are provided at evening classes. Attendees are invited to bring food/snacks for themselves & are welcome to eat during classes.
- ✓ Classes are for *adults only* including parents, professionals, and other caregivers of children and adolescents **with developmental disabilities**.
- ✓ Classes are free of charge unless otherwise specified below.
- ✓ Participants must register to attend these classes. Contact information for each class is provided below.

<p>Wednesday, January 23rd 5:30-7:30pm Cost: FREE</p> <p>Contact: 513-636-2158 or DDBPFamilySupport@cchmc.org</p>	<p>Care Connections: Understanding DDBP and Community Support Options</p>	<p>This 2-hour course for caregivers will discuss the resources available within the Division of Developmental and Behavioral Pediatrics, including therapy options. The course also aims to help caregivers understand how to access community supports and services.</p> <p><i>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</i></p>
<p>Monday, February 25th 5:30-7:30pm Cost: FREE</p> <p>Contact: 513-636-2158 or DDBPFamilySupport@cchmc.org</p>	<p>Managing Anxiety: Helping Kids with Developmental Disabilities Cope and Succeed</p>	<p>This 2-hour introductory course for caregivers discusses the signs and symptoms of anxiety and teaches coping skills and ways to address symptoms through positive behavioral supports.</p> <p><i>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</i></p>
<p>Thursday, March 7th & Thursday, March 14th 9:00am-12:00pm Cost: \$25 per family</p> <p>Contact: 513-636-2742 or jennifer.gastright@cchmc.org</p>	<p>Toilet Training for Children with Developmental Disabilities</p>	<p>This 2-day educational training coaches caregivers through toilet training their child with a developmental disability. Cost includes both classes and a training manual. Individual and/or intensive follow-up services available if needed after class is completed.</p> <p><i>Instructor: Kimberly Kroeger-Geoppinger, PsyD, Clinical Psychologist</i></p>

<p>Wednesday, March 27th 5:30-7:30pm Cost: FREE</p> <p>Contact: 513-636-2158 or DDBPFamilySupport@cchmc.org</p>	<p>Understanding Behavior in Individuals with Developmental Disabilities</p>	<p>This 2-hour introductory course for caregivers focuses the functions or reasons challenging behaviors may occur and teaches way to change challenging behaviors and encourage cooperation, compliance, and positive family interactions.</p> <p><i>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</i></p>
<p>Monday, April 22nd 5:30pm-7:30pm Cost: FREE</p> <p>Contact: 513-636-2158 or DDBPFamilySupport@cchmc.org</p>	<p>Care Connections: Understanding DDBP and Community Support Options</p>	<p>This 2-hour course for caregivers will discuss the resources available within the Division of Developmental and Behavioral Pediatrics, including therapy options. The course also aims to help caregivers understand how to access community supports and services.</p> <p><i>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</i></p>
<p>Wednesday, May 22nd 5:30pm-7:30pm Cost: FREE</p> <p>Contact: 513-636-2158 or DDBPFamilySupport@cchmc.org</p>	<p>Managing Anxiety: Helping Kids with Developmental Disabilities Cope and Succeed</p>	<p>This 2-hour introductory course for caregivers discusses the signs and symptoms of anxiety and teaches coping skills and ways to address symptoms through positive behavioral supports.</p> <p><i>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</i></p>
<p>Monday, June 10th 5:30pm-7:30pm Cost: FREE</p> <p>Contact: 513-636-2158 or DDBPFamilySupport@cchmc.org</p>	<p>Understanding Behavior in Individuals with Developmental Disabilities</p>	<p>This 2-hour introductory course for caregivers focuses the functions or reasons challenging behaviors may occur and teaches way to change challenging behaviors and encourage cooperation, compliance, and positive family interactions.</p> <p><i>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</i></p>
<p>Monday, July 8th & Monday, July 15th Cost: \$25 per family</p> <p>Contact: 513-636-2742 or Jennifer.gastright@cchmc.org</p>	<p>Toilet Training for Children with Developmental Disabilities</p>	<p>This 2-day educational training coaches caregivers through toilet training their child with a developmental disability. Cost includes both classes and a training manual. Individual and/or intensive follow-up services available if needed after class is completed.</p> <p><i>Instructor: Kimberly Kroeger-Geoppinger, PsyD, Clinical Psychologist</i></p>