

# 2016 Family Support Meetings

## Family Support Meeting Goals:

- ∞ To help support family members of individuals with Autism Spectrum Disorder (ASD) dealing with issues such as new diagnosis, school issues, challenging behaviors, transitions, and living with a loved one diagnosed with ASD across the lifespan.
- ∞ To network with other families who are touched by ASD. The concept behind this forum is for family members to recognize they are not alone, develop relationships with others in similar situations, and learn there is support for them in our community
- ∞ To share, identify, explore, and promote awareness of resources, information, workshops, and community activities to assist family members with the challenges of living with a loved one diagnosed with ASD.

**All Family Support Meetings will be held at  
Hyde Park Library (2747 Erie Ave, Cincinnati, OH 45208)**

**There is no need to RSVP for family support meetings.  
Please contact [info@autismcincy.org](mailto:info@autismcincy.org) for more information.**

**Cincinnati Autism Connection  
Local Information Right Here – Right Now  
513-561-2300**

**[info@autismcincy.org](mailto:info@autismcincy.org)**

**The Cincinnati Autism Connection** enables you to talk with our Information and Referral Specialists, LIVE! Weekdays 9am-6pm.

The Cincinnati Autism Connection staff are professional specialists who are also parents of individuals with autism. They also are life-long Cincinnatians. We offer guidance throughout your journey with autism. Today your challenge may be related to school but next week you might be looking for a summer camp.

## **Support Meeting for Parents of Individuals with High Functioning Autism Spectrum Disorder**

***January 18, April 18, July 18, and October 17 from 6:30-8:00pm***



**Mission:** To provide support for family members of individuals with High Functioning ASD.

**Facilitator:** Jenna Ruberg, a social worker in the Department of Child and Adolescent Psychiatry at Cincinnati Children's Hospital, conducts individual and group therapy with children and adolescents with ASD to address issues such as coping with anxiety and depression and building social skills.

## **Support Meeting for Parents of Adolescents with ASD Transitioning to the Adult World**

***February 9, May 10, August 9, and November 8 from 6:30-8:00pm***



**Mission:** To provide support for parents who are raising their adolescent or young adult with Autism Spectrum Disorder (ASD) between the ages of 14 and 25.

**Facilitator:** Amie Duncan, a psychologist at The Kelly O'Leary Center for Autism at Cincinnati Children's Hospital, has both research and clinical experience in working with adolescents with ASD and their families to help them make a successful transition to adulthood.

## **Support Meeting for Parents of Individuals with Behavioral Challenges and/or an Intellectual Disability**

***March 8, June 14, and September 13 from 6:30-8:00pm***



**Mission:** To provide support for parents of individuals with ASD who may have behavioral challenges (e.g., aggressive behaviors, self-injurious behavior) and/or an intellectual disability.

**Facilitator:** Laura Srivorakiat is a psychologist at The Kelly O'Leary Center for Autism at Cincinnati Children's Hospital Medical Center, and she provides treatment for families who have children with co-occurring developmental concerns and behavioral challenges.